

## [The Fundamentals of Individual and Team Systemic Coaching](#)

*A detailed presentation of our ICF-Validated professional coach training program*

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### **The FULL program**

The full 147-hour(+) individual and team-coach training adventure is composed of three programs. It can be followed as a comprehensive training journey to achieve level two ICF certification. This full program covers acquiring skills and validated-training hours both in individual (life or business) coaching and in team and organizational coaching.

This comprehensive adventure is divided in three separate components to allow participants to manage their progression over time as they acquire experience and clients, develop their professional skills and maturity, and expand their practice.

This design also allows participants who already have coach training and experience to choose the component (s) that best suits their needs, by just attending Parts I, II, or III in the order they consider best for their professional purpose.

Each of the components or sub-programs are also separately eligible to acquire ICF-validated training hours. Please consult us for details.

No matter each individual choice, it is highly advisable to have a preliminary interview with the chosen Metasysteme Coaching program's trainer.

### **I The SYSTEMIC COACHING FUNDAMENTALS (individual coaching)**

[TO Consult program, dates and prices](#)

### **II The METACOACH Systemic Team-Coach training**

[TO Consult program, dates and prices](#)

### **III The three-day SYSTEMIC COACHING SUPERVISION Marathon**

[TO Consult program, dates and prices](#)